THE ULWELL POOL INFORMATION SHEET

PUBLIC SWIMMING TIMES

Monday	9.00am - 12.30pm 2.00pm - 3.00pm
Tuesday	9.00am – 5.00pm
Wednesday	9.00am – 3.00pm
Thursday	8.00am – 9.00am **Early Bird Adult Swimmers**
	9.00am – 12.30pm 2.00pm – 3.00pm
	(Mother & Baby Class 10.45am – 11.30am)
Friday	9.00am – 3.00pm
Saturday	9.00am – 5.00pm
Sunday	8.00am – 9.00am **Early Bird Adult Swimmers**
	9.00am – 4.00pm

THESE TIMES MAY VARY PLEASE SEE OPENING TIMES ON POOL DOOR
PLEASE NOTE SWIMMING POOL OPENS ALL DAY DURING SCHOOL HOLIDAYS PLEASE ENQUIRE.

Charges: Adult £2.50 per swim Children £2.00 per swim 0.A.P. £2.00 per swim

SWIMMING LESSONS

Enquiries to Duty Lifeguard at the poolside or Telephone Sarah Deakin on Tel: 01929 450295 Individual tuition available.

Adult Classes	Monday & Thursday	12.30pm – 1.00pm
Childrens Classes	Monday	3.30pm – 6.00pm
	Wednesday	3.30pm – 6.00pm
	Thursday	3.30pm – 6.00pm
	Friday	3.30pm – 6.00pm

SPEEDO AQUA FITNESS

Monday	1.00pm - 2.00pm & 7.00pm - 8.00pm
Thurs	1.00pm - 2.00pm

More Classes may be arranged please enquire £3.50 per person with tuition and belts plus mitts. Belt hire in public swimming available 50p per belt plus swim cost
DEEP WATER EXERCISE is ideal *** after injury * for toning * cross training for sports people * or just fun (can strengthen all muscles)**

CHILDREN'S POOL PARTIES

With Food £7.50 per child (no food normal swim price) plus £8.00 with **INFLATABLE** or organised fun time **Your own cake is welcome Tel: Park Reception 01929 422823**

POOL HIRE

£25.00 PER SESSION (Price may vary according to numbers)
Availability Early morning up to 9.00am (Not Thurs or Sun)
Any evening after 8.00pm

ENQUIRIES **FAX: 01929 421500**
PARK MANAGEMENT **TEL: 01929 422823**

October 08 ID No: 7